**Risk Assessment and Method Statement (RAMS)**

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| --- | --- |
| **Project Title:** Click or tap here to enter text. |  |
| **Location:** Click or tap here to enter text. |  |
| **Date From:** Click or tap here to enter text. | **Date To:**Click or tap here to enter text. |
| **Prepared By:** Click or tap here to enter text. |  |

**1. Introduction**

This RAMS document outlines the risk assessment and method statement for the electrical contracting work to be carried out. The purpose of this document is to ensure that all work is conducted safely and in compliance with relevant regulations.

**2. Scope of Work**

* EICR Inspection and Testing of tenant and landlords systems
* Remedial Work associated with the EICR on both the landlord and tenants system

**3. Risk Assessment**

See Risk Assessment file.

**3.1. Identified Hazards**

* Inadvertent energisation, electric shock, arc flash.
* Falls from ladders/towers; falling objects
* Slips/trips/falls.
* Contact with moving parts; noise/vibration; electrical fault.
* Sparks/heat; ignition of combustibles; burns
* Manual handling; cuts/abrasions; strike hidden services; work at height
* Contact with live conductors; arc flash

**3.2. Risk Evaluation**

| **Hazard** | **Risk Level (Low/Medium/High)** | **Control Measures** |
| --- | --- | --- |
| • Inadvertent energisation, electric shock, arc flash  • Contact with live conductors; arc flash | High | - Isolation Lock off Procedure  - |
| • Falls from ladders/towers; falling objects | Medium |  |
|  |  | Keep R2 wandering Lead off the ground if possible. |
| Working at height | Medium | Use of safety harnesses and scaffolding. |
| Manual handling | Medium | Training on proper lifting techniques and use of lifting aids. |
| Use of power tools | Medium | Regular maintenance and use of appropriate PPE. |
| Exposure to hazardous substances | Low | Use of protective clothing and proper ventilation. |

**4. Method Statement**

**4.1. Preparation**

* Discuss work with Corrina from Bionature
* Ensure all personnel are trained and competent.
* Conduct a site inspection to identify any additional hazards.
* Ensure all necessary equipment and materials are available.

**4.2. Execution**

* Follow the project plan detailed in Planner/To do and adhere to safety protocols.
* Use appropriate PPE at all times.
* Ensure all work is supervised and monitored for compliance if needed.

**4.3. Completion**

* Conduct a final inspection to ensure all work is completed safely.
* Remove all tools and materials from the site.
* Provide a report on the work completed and any issues encountered.

**5. Emergency Procedures**

* Emergency Contact for Gareth Youens is Amy Wall 07874 823340.
* Ensure all personnel are aware of the emergency exits and assembly points.

**6. Signatures**

* Gareth Youens (Prepared By)



* Gareth Youens (Approved By)

